

FOR PATIENTS UNDERGOING DAY CASE SURGERY

Day case surgery implies that you will go home on the day of your surgery. It is unlikely that Dr. Onuma will talk to you about your surgery before you leave the hospital. There are two reasons for this:-

- 1 Most people do not remember conversations in any detail shortly after they have had an anaesthetic.
- 2 The second reason is that Dr. Onuma has an operating list and he will continue operating so that other patients are not kept waiting.

For these reasons you will almost always have a follow-up appointment to be reviewed and to discuss the outcome of this surgery and any further changes to the management of your condition.

It is important that a responsible adult collects you from the hospital after your surgery and preferably in a position to keep an eye on you overnight.

For at least 24 hours after your surgery:-

- 1 Do not drive a motor vehicle. Police prosecution may result, and your insurance may not cover you.
- 2 Avoid alcohol or sedative drugs which have not been authorised by the anaesthetist.
- 3 Avoid making important decisions or signing important documents.
- 4 Do not cook or use machinery. This includes operating household appliances such as a washing machine.
- 5 Do not engage in sports, heavy work or lifting.
- 6 Do not travel alone or by public transport.

Occasionally after day case surgery, the requirement for pain relief may necessitate an overnight stay in hospital.

If you have any questions as to any aspects of this please discuss these with Dr. Onuma prior to your surgery.